

Emergency/ Disaster Preparedness Trainings

On behalf of [Fort Worth Safe Communities Coalition](#) and our partners, thank you for your interest in emergency/disaster preparedness trainings available to our community.

Emergency situations can arise in seconds. Often times these events require bystanders or immediate responder to act BEFORE trained responders are able to arrive to reduce injury and lives lost. The following trainings are offered in our community at no cost to empower our community members to respond, act and ultimately save lives.

Five (5) trainings may be done individually or in combination:

1) Civilian Response to Active Shooter Events (CRASE)

Description: Local law enforcement certified in Active Shooter/Threat training address civilian response in an active shooter/threat situation.

Presentation: Classroom/lecture; AV capabilities with internet access preferred.

Class Size: Groups of 30 or more persons. Age limitations apply.

Time: ~1.5 hours or 90 mins

2) Stop The Bleed (STB)

Description: Local healthcare provider certified in STB curriculum address bystander response to life-threatening bleeding regardless of cause or location.

Presentation: Hands-on & classroom/lecture; AV capabilities with internet access preferred.

Class Size: Groups of 12 to 75 persons. Age limitations apply.

Time: ~1.25 hours or 75 mins

3) Take 20 For Life – Hands Only CPR and AED Training Kit

Description: SELF-GUIDED or Instructor-led kit to address bystander response to sudden cardiac arrest through hands only CPR and use of an Automatic External Defibrillator (AED).

Presentation: Hands-on & classroom/lecture; AV capabilities with internet access preferred.

Class Size: Groups of 12 to 75 persons. Larger groups considered depending on the venue.

Time: ~0.5 hours or 30 mins

4) KnoWhat2Do

Description: Emergency Management provider addresses planning for natural or man-made emergencies and how to protect yourself during a disaster.

Presentation: Classroom/lecture; AV capabilities with internet access preferred.

Class Size: Groups of 12 to 75 persons. Larger groups considered depending on the venue.

Time: ~0.75 hours or 45 mins

5) Listen, Protect and Connect: Psychological First Aid for the Community Helping Each Other

Description: Train-the-Trainer to address the well-being of others through the basic three steps of psychological first aid when an emergency, disaster or crisis arises.

Presentation: Classroom/lecture; AV capabilities with internet access preferred.

Class Size: Groups of 12 to 75 persons. Larger groups considered depending on the venue.

Time: ~0.75 hours or 45 mins

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Below are some examples of how these trainings may be provided to meet your time needs. Timeframes included breaks:

- CRASE (active shooter) + Stop the Bleed (STB) + Hands Only CPR/AED (4hours)
- CRASE (active shooter) + Stop the Bleed (STB) (3.5hours)
- CRASE (active shooter) + Hands Only CPR/AED (2hours)
- Stop the Bleed (STB) + Hands Only CPR/AED (2hours)
- CRASE (active shooter) ONLY (1.5hours)
- Stop the Bleed (STB) ONLY (1.25hours)
- Hands Only CPR/AED ONLY (30 mins)

How can I request trainings for community group or business?

Trainings may be requested through the Fort Worth Safe Communities Coalition website at <https://www.fwscc.org/contact>.

Once you have requested training, you will be contacted by a member of the Coalition to review specifics of the training desired based on audience, verify training space and set a date and time for training that works for you and the trainers in our community.

Thank you for YOUR part in making Fort Worth and beyond a Safe Community in which to grow, live, work and play.